<u>Learning Styles Questionnaire</u>
Directions: Read the statements to the children and ask them to tick the box that is most like them. They can tick more than one box if applicable.

<u>Statements</u>	Choice A	Choice B	Choice C
1. When you are learning your times-tables, how do you remember the answers?	You look, then cover over the tables and try to picture them.	You say the tables out loud.	You use your fingers or hands to help.
2. You have a list of spellings to learn. What do you do?	You say each letter out loud again and again.	You write the words over and over again.	You look hard at each word and remember what it looks like.
3. In a history lesson you are learning new facts. Which way is best for you?	Watching a video.	Listening to a tape or radio programme explaining what happened.	Taking part in a role-play and acting out what happened.
4. You want to find out how an alarm clock works. What do you do?	You take the object apart then put it back together again.	You look at a diagram or a picture.	You listen to a teacher telling you about it.
5. In your English lesson you are learning a new story. How do you remember it?	You tell the story to a friend.	You draw pictures or a mind map	You make up actions as you go over the story in your head.
6. You want to learn a sport that you have never played before. Which way is best?	To watch a demonstration.	To be told the instructions and repeat them back.	You just go and do it.
7. In a PE lesson you are learning a new move on the trampoline. What is best for you?	You let the teacher support you through the movements so that you can feel how to do it.	You look at diagrams of moves on flash cards.	Your friend explains how to do it.

8. In a design lesson you need to learn how to use a new tool. How would you do that? 9. You have made a cake before, with help. This time you want to do it on you own. How	By listening to your teacher explaining how to use it. You follow a recipe.	You ask someone to tell you what to do.	By watching someone else use it. You just get started and remember what to do as you go along.
do you do it? 10. You are learning to count in another language. What is best for you?	Singing the words.	Looking at cards and posters.	Playing a game with the words.
11. If you have to learn a list of facts / things in order, which is easier?	You act or dance them in a sequence.	You read over the list several times.	You make up a song or a rhyme.
12. In a science lesson you are learning about the different parts of a flower. How do you prefer to find out?	By listening to your teacher telling you.	By taking apart a real flower.	By looking at a diagram.
13. You need to remember a telephone number. What do you do?	Imagine the pattern of numbers in my head.	Repeat the numbers out loud.	Learn the pattern the numbers make on the keypad.
14. How do you prefer to relax?	By doing some sort of physical activity such as playing a sport or going for a walk.	By listening to music.	By watching TV or reading.
15. When you give someone directions how do you do it?	Draw a map.	Tell them and repeat instructions.	Point and use your hands to show the way.

16. When you	Mostly by things	Mostly by what	Mostly by how
meet new people	they did or how	they said or their	they looked or
how do you	they made you	names.	what they wore.
remember them?	feel.	Tiarrioo.	What they were:
17. Having	What happened	What was said	The scenes and
watched a film or	and how the	and the music.	what people
television	characters felt.	and the masio.	looked like.
programme what			lookoa iiko.
do you			
remember most?			
18. If you want	Listen to them	Look at the	Notice their
to work out how	Listeri to trieffi	expression on	movements and
your friend is		their face.	
feeling, what do		trieli iace.	posture.
<u> </u>			
you do?	Noises	An watich manage	Deeple mening
19. If you are	Noises.	An untidy room.	People moving
trying to			about.
concentrate,			
what puts you off			
the most?			
20. If you are	By listening to	. By trying it out	By watching
learning	instructions.	for yourself.	someone else do
something new			it
on the computer,			
how do you			
prefer to do it?			

ANSWER SHEET

Statements	Choice A	Choice B	Choice C
1. When you are	You look, then	You say the tables	You use your
learning your	cover over the	out loud.	fingers or hands to
times-tables,	tables and try to		help.
how do you	picture them.		
remember the			
answers?	V	Α	K
2. You have a list	You say each	You write the	You look hard at
of spellings to	letter out loud	words over and	each word and
learn. What do	again and again.	over again.	remember what it
you do?	Α	K	looks like. V
3. In a history	Watching a video.	Listening to a tape	Taking part in a
lesson you are		or radio	role-play and
learning new		programme	acting out what
facts. Which		explaining what	happened.
way is best for		happened.	
you?	V	Α	K

4. You want to	You take the	You look at a	You listen to a
find out how an	object apart then	diagram or a	teacher telling you
alarm clock		_	about it.
works. What do	put it back	picture.	about it.
you do?	together again.	v	Α
		=	
5. In your	You tell the story	You draw pictures	You make up
English lesson	to a friend.	or a mind map	actions as you go
you are learning			over the story in
a new story.			your head.
How do you	_		.,
remember it?	Α	V	K
6. You want to	To watch a	To be told the	You just go and
learn a sport that	demonstration.	instructions and	do it.
you have never		repeat them back.	
played before.			
Which way is			
best?	V	Α	K
7. In a PE lesson	You let the	You look at	Your friend
you are learning	teacher support	diagrams of	explains how to do
a new move on	you through the	moves on flash	it.
the trampoline.	movements so	cards.	
What is best for	that you can feel		
you?	how to do it. K	V	Α
8. In a design	By listening to	By experimenting.	By watching
lesson you need	your teacher		someone else use
to learn how to	explaining how to		it.
use a new tool.	use it.		
How would you			
do that?	Α	K	V
9. You have	You follow a	You ask someone	You just get
made a cake	recipe.	to tell you what to	started and
before, with help.		do.	remember what to
This time you			do as you go
want to do it on			along.
you own. How			
do you do it?	V	Α	K
10. You are	Singing the words.	Looking at cards	Playing a game
learning to count		and posters.	with the words.
in another			
language. What			
is best for you?	Α	V	K
11. If you have	You act or dance	You read over the	You make up a
to learn a list of	them in a	list several times.	song or a rhyme.
facts / things in	sequence.		
order, which is			
easier?	K	V	Α

12. In a science	By listening to	By taking apart a	By looking at a
lesson you are	your teacher	real flower.	diagram.
_	-	Teal Howel.	ulagrairi.
learning about	telling you.		
the different			
parts of a flower.			
How do you			
prefer to find			
out?	Α	K	V
13. You need to	Imagine the	Repeat the	Learn the pattern
remember a	pattern of	numbers out loud.	the numbers make
telephone	numbers in my		on the keypad.
number. What	head.)
do you do?	V	Α	K
14. How do you	By doing some	By listening to	By watching TV or
prefer to relax?	sort of physical	music.	reading.
profor to rotax:	activity such as	THUSIC.	reading.
	playing a sport or		
	going for a walk. K	Α	V
15. When you	Draw a map.	Tell them and	Point and use
give someone	'	repeat	your hands to
directions how		instructions.	show the way.
do you do it?	V	A	K
16. When you	Mostly by things	Mostly by what	Mostly by how
meet new people	they did or how	they said or their	they looked or
how do you	they made feel.	names.	what they wore.
remember them?	K	A	V
17. Having	What happened	What was said	The scenes and
watched a film or	and how the	and the music.	what people
television	characters felt.		looked like.
programme what			
do you			
remember most?	K	Α	V
18. If you want	Listen to them.	Look at the	Notice their
to work out how		expression on	movements and
your friend is		their face.	posture.
feeling, what do			
you do?	Α	V	K
19. If you are	Noises.	An untidy room.	People moving
trying to			about.
concentrate,			
what puts you off			
the most?	Α	V	K
20. If you are	By listening to	. By trying it out	By watching
learning	instructions.	for yourself.	someone else do
something new			it.
on the computer,			
_			

how do you			
prefer to do it?	Α	K	V

TOTAL NUMBER OF: V = A = K = (VISUAL) (AUDITORY) (KINAESTHETIC)

GENERAL CHARACTERISTICS OF EACH PREFERENCE

VISUAL LEARNERS

- say things like, 'I see' and 'that looks good to me'
- like to write, draw pictures
- usually a good speller
- has good handwriting
- likes to read
- finds spoken instructions difficult
- remembers faces
- doodles
- quiet by nature
- neat in appearance
- notices details
- can't remember jokes

AUDITORY LEARNERS

- say things like, 'that rings a bell'
- talks to self aloud
- enjoys talking
- easily distracted
- likes to be read to
- enjoys music
- easily distracted by noises
- outgoing personality
- enjoys listening activities
- like to hear someone explain something and like to explain things to other people

KINAESTHETIC LEARNERS

- say things like 'I don't follow'
- taps pencil or foot while studying
- enjoys doing activities
- reading is not especially enjoyed
- will try new things
- outgoing by nature
- uses hands while talking
- wears clothes for comfort
- likes to make things
- may walk around when they read
- often daydreams

SUGGESTIONS FOR AUDITORY LEARNERS

- try studying with a friend so you can talk aloud about the work
- say aloud the things you want to remember
- before reading a chapter, look at all the pictures, headings and talk out loud and say what you think the chapter is about
- Read out loud whenever possible
- make tape cassettes of notes or lessons and listen to them to revise

SUGGESTIONS FOR VISUAL LEARNERS

- write things down because you remember them better
- look at a person while they are talking to help you focus
- it's better to work in a quiet place though many visual learners do maths with music in the background.
- you are better studying on your own
- use colour to highlight main ideas in your work

- choose a seat furthest from the window and door if possible
- when learning vocabulary use colour to learn them. Look at them frequently

SUGGESTIONS FOR KINAESTHETIC LEARNERS

- to remember work, pace or walk around while saying the words aloud to yourself
- if you need to fidget in class, cross your legs or move your foot slightly off the floor experiment with other ways try squeezing a tennis ball
- you may not study best at desk, so when at home try lying on your stomach or back. Try studying with music in the background.
- when studying take breaks frequently
- when trying to memorise, try closing our eyes and writing the information in the air. Picture the words in your head