

Learning Styles Questionnaire

Directions: Read the statements to the children and ask them to tick the box that is most like them. They can tick more than one box if applicable.

<u>Statements</u>	<u>Choice A</u>	<u>Choice B</u>	<u>Choice C</u>
1. When you are learning your times-tables, how do you remember the answers?	You look, then cover over the tables and try to picture them.	You say the tables out loud.	You use your fingers or hands to help.
2. You have a list of spellings to learn. What do you do?	You say each letter out loud again and again.	You write the words over and over again.	You look hard at each word and remember what it looks like.
3. In a history lesson you are learning new facts. Which way is best for you?	Watching a video.	Listening to a tape or radio programme explaining what happened.	Taking part in a role-play and acting out what happened.
4. You want to find out how an alarm clock works. What do you do?	You take the object apart then put it back together again.	You look at a diagram or a picture.	You listen to a teacher telling you about it.
5. In your English lesson you are learning a new story. How do you remember it?	You tell the story to a friend.	You draw pictures or a mind map	You make up actions as you go over the story in your head.
6. You want to learn a sport that you have never played before. Which way is best?	To watch a demonstration.	To be told the instructions and repeat them back.	You just go and do it.
7. In a PE lesson you are learning a new move on the trampoline. What is best for you?	You let the teacher support you through the movements so that you can feel how to do it.	You look at diagrams of moves on flash cards.	Your friend explains how to do it.

8. In a design lesson you need to learn how to use a new tool. How would you do that?	By listening to your teacher explaining how to use it.	By experimenting.	By watching someone else use it.
9. You have made a cake before, with help. This time you want to do it on your own. How do you do it?	You follow a recipe.	You ask someone to tell you what to do.	You just get started and remember what to do as you go along.
10. You are learning to count in another language. What is best for you?	Singing the words.	Looking at cards and posters.	Playing a game with the words.
11. If you have to learn a list of facts / things in order, which is easier?	You act or dance them in a sequence.	You read over the list several times.	You make up a song or a rhyme.
12. In a science lesson you are learning about the different parts of a flower. How do you prefer to find out?	By listening to your teacher telling you.	By taking apart a real flower.	By looking at a diagram.
13. You need to remember a telephone number. What do you do?	Imagine the pattern of numbers in my head.	Repeat the numbers out loud.	Learn the pattern the numbers make on the keypad.
14. How do you prefer to relax?	By doing some sort of physical activity such as playing a sport or going for a walk.	By listening to music.	By watching TV or reading.
15. When you give someone directions how do you do it?	Draw a map.	Tell them and repeat instructions.	Point and use your hands to show the way.

16. When you meet new people how do you remember them?	Mostly by things they did or how they made you feel.	Mostly by what they said or their names.	Mostly by how they looked or what they wore.
17. Having watched a film or television programme what do you remember most?	What happened and how the characters felt.	What was said and the music.	The scenes and what people looked like.
18. If you want to work out how your friend is feeling, what do you do?	Listen to them..	Look at the expression on their face.	Notice their movements and posture.
19. If you are trying to concentrate, what puts you off the most?	Noises.	An untidy room.	People moving about.
20. If you are learning something new on the computer, how do you prefer to do it?	By listening to instructions.	. By trying it out for yourself.	By watching someone else do it

ANSWER SHEET

<u>Statements</u>	<u>Choice A</u>	<u>Choice B</u>	<u>Choice C</u>
1. When you are learning your times-tables, how do you remember the answers?	You look, then cover over the tables and try to picture them. V	You say the tables out loud. A	You use your fingers or hands to help. K
2. You have a list of spellings to learn. What do you do?	You say each letter out loud again and again. A	You write the words over and over again. K	You look hard at each word and remember what it looks like. V
3. In a history lesson you are learning new facts. Which way is best for you?	Watching a video. V	Listening to a tape or radio programme explaining what happened. A	Taking part in a role-play and acting out what happened. K

4. You want to find out how an alarm clock works. What do you do?	You take the object apart then put it back together again. K	You look at a diagram or a picture. V	You listen to a teacher telling you about it. A
5. In your English lesson you are learning a new story. How do you remember it?	You tell the story to a friend. A	You draw pictures or a mind map V	You make up actions as you go over the story in your head. K
6. You want to learn a sport that you have never played before. Which way is best?	To watch a demonstration. V	To be told the instructions and repeat them back. A	You just go and do it. K
7. In a PE lesson you are learning a new move on the trampoline. What is best for you?	You let the teacher support you through the movements so that you can feel how to do it. K	You look at diagrams of moves on flash cards. V	Your friend explains how to do it. A
8. In a design lesson you need to learn how to use a new tool. How would you do that?	By listening to your teacher explaining how to use it. A	By experimenting. K	By watching someone else use it. V
9. You have made a cake before, with help. This time you want to do it on your own. How do you do it?	You follow a recipe. V	You ask someone to tell you what to do. A	You just get started and remember what to do as you go along. K
10. You are learning to count in another language. What is best for you?	Singing the words. A	Looking at cards and posters. V	Playing a game with the words. K
11. If you have to learn a list of facts / things in order, which is easier?	You act or dance them in a sequence. K	You read over the list several times. V	You make up a song or a rhyme. A

12. In a science lesson you are learning about the different parts of a flower. How do you prefer to find out?	By listening to your teacher telling you. A	By taking apart a real flower. K	By looking at a diagram. V
13. You need to remember a telephone number. What do you do?	Imagine the pattern of numbers in my head. V	Repeat the numbers out loud. A	Learn the pattern the numbers make on the keypad. K
14. How do you prefer to relax?	By doing some sort of physical activity such as playing a sport or going for a walk. K	By listening to music. A	By watching TV or reading. V
15. When you give someone directions how do you do it?	Draw a map. V	Tell them and repeat instructions. A	Point and use your hands to show the way. K
16. When you meet new people how do you remember them?	Mostly by things they did or how they made feel. K	Mostly by what they said or their names. A	Mostly by how they looked or what they wore. V
17. Having watched a film or television programme what do you remember most?	What happened and how the characters felt. K	What was said and the music. A	The scenes and what people looked like. V
18. If you want to work out how your friend is feeling, what do you do?	Listen to them. A	Look at the expression on their face. V	Notice their movements and posture. K
19. If you are trying to concentrate, what puts you off the most?	Noises. A	An untidy room. V	People moving about. K
20. If you are learning something new on the computer,	By listening to instructions.	. By trying it out for yourself.	By watching someone else do it.

- choose a seat furthest from the window and door if possible
- when learning vocabulary use colour to learn them. Look at them frequently

SUGGESTIONS FOR KINAESTHETIC LEARNERS

- to remember work, pace or walk around while saying the words aloud to yourself
- if you need to fidget in class, cross your legs or move your foot slightly off the floor - experiment with other ways - try squeezing a tennis ball
- you may not study best at desk, so when at home try lying on your stomach or back. Try studying with music in the background.
- when studying take breaks frequently
- when trying to memorise, try closing our eyes and writing the information in the air. Picture the words in your head